

# A Man's Zinc

## Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

Amount per serving	% Daily Value	
Zinc (elemental, from arginate)	30 mg	200%
Soy Phytosterol Complex	196 mg	**
Beta sitosterol	82.6 mg	**
Campesterol	52.4 mg	**
Stigmasterol	45.8 mg	**
Brassicasterol	7 mg	**
Sitosterol	3.4 mg	**
Other sterols	5.2 mg	**

\*\*Daily Value not established

**Other Ingredients** Vegetable Cellulose (Capsule), Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide