

# Field of Greens

## Supplement Facts

Serving Size 1 scoop (7.1 grams)

| Amount per serving             | % Daily Value         | Amount per serving                    | % Daily Value |
|--------------------------------|-----------------------|---------------------------------------|---------------|
| Calories                       | 25                    | Wheat grass whole leaf powder         | 680 mg *      |
| Total Carbohydrate             | 4 g 1%**              | <b>RAW, certified organic, kosher</b> |               |
| Dietary fiber                  | 2 g 7%**              | Alfalfa sprouts powder, freeze dried  | 500 mg *      |
| Sugars                         | 1 g                   | <b>RAW, certified organic, kosher</b> |               |
| Protein                        | 2 g 4%**              | Collard powder, freeze dried          | 500 mg *      |
| Vitamin A (from beta carotene) | 828 mcg (1380 IU) 92% | <b>RAW, certified organic, kosher</b> |               |
| Vitamin C                      | 5.6 mg 6%             | Spinach powder, freeze dried          | 500 mg *      |
| Calcium                        | 68 mg 7%              | <b>RAW, certified organic, kosher</b> |               |
| Iron                           | 1.9 mg 11%            | Broccoli sprouts powder, freeze dried | 400 mg *      |
| Vitamin K                      | 116 mcg 97%           | <b>RAW, certified organic, kosher</b> |               |
| Magnesium                      | 24 mg 6%              | Alfalfa grass juice powder            | 320 mg *      |
| Sodium                         | 20 mg 1%**            | <b>RAW, certified organic, kosher</b> |               |
| Potassium                      | 100 mg 2%             | Barley grass juice powder             | 320 mg *      |
|                                |                       | <b>RAW, certified organic, kosher</b> |               |

### Nutrient Dense Plant Concentrates

|                                       |          |                                       |          |
|---------------------------------------|----------|---------------------------------------|----------|
| Parsley powder, freeze dried          | 1 g *    | Oat grass juice powder                | 320 mg * |
| <b>RAW, certified organic, kosher</b> |          | <b>RAW, certified organic, kosher</b> |          |
| Alfalfa grass whole leaf powder       | 680 mg * | Wheat grass juice powder              | 320 mg * |
| <b>RAW, certified organic, kosher</b> |          | <b>RAW, certified organic, kosher</b> |          |
| Barley grass whole leaf powder        | 680 mg * | Kale powder, freeze dried             | 200 mg * |
| <b>RAW, certified organic, kosher</b> |          | <b>RAW, certified organic, kosher</b> |          |
| Oat grass whole leaf powder           | 680 mg * |                                       |          |
| <b>RAW, certified organic, kosher</b> |          |                                       |          |

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\* Daily Value not established