

MAXIMUM VIBRANCE®

Supplement Facts

Serving Size 2 scoops (41.23g)
Servings per container About 15

Amount Per Serving		% Daily Value
Calories	170	
Total Fat	3 g	4%**
Saturated	1 g	5%
Polyunsaturated	1 g	*
Monounsaturated	1 g	*
Total Carbohydrate	11 g	4%**
Dietary Fiber	3 g	11%**
Total Sugars	3 g	*
Protein	20 g	40%**
Vitamin A (from plant carotenoids)	5.13 mg (8565 IU)	570%
Vitamin C (from plants)	158 mg	176%
Calcium (from plants)	204 mg	16%
Iron (from plants)	8 mg	44%
Vitamin D (D3 from lichen oil)	25 mcg (1000 IU)	125%
Vitamin E	120 mg (133 IU)	800%
(from plants & water dispersible d-alpha-tocopheryl acetate)		
Vitamin K (from plants)	65 mcg	54%
Thiamin (Vitamin B1 from plants)	7.5 mg	625%
Riboflavin (Vitamin B2 from plants)	7.5 mg	577%
Niacin (Vitamin B3 from plants)	10.5 mg	66%
Pyridoxine (Vitamin B6 from plants)	15 mg	882%
Folate (Vitamin B9 from plants)	120 mcg	30%
Methylcobalamin (Vitamin B12)	240 mcg	10000%
Biotin (from plants)	30 mcg	100%
Pantothenic Acid (Vitamin B5 from plants)	18 mg	360%
Phosphorus (from plants)	280 mg	22%
Iodine (from plants)	109 mcg	73%
Magnesium (from plants)	30 mg	7%
Zinc (from plants)	5 mg	45%
Selenium (from plants)	91 mcg	165%
Copper (from plants)	0.45 mg	50%
Manganese (from plants)	0.6 mg	26%
Chromium (from plants)	80 mcg	229%
Sodium	240 mg	10%
Potassium	230 mg	5%
Major Protein Components		
Yellow Pea 80% protein powder	17 g	*
Sprouted brown rice 80% protein powder	5.9 g	*
certified organic		
Chlorella protothecoides	2.2 g	*
algal 60% protein powder		
Spirulina powder certified organic	1 g	*
Cereal grasses		
Barley grass leaf powder cert. org.	800 mg	*
Oat grass leaf powder cert. org.	800 mg	*
Wheat grass leaf powder cert. org.	800 mg	*
Barley grass juice powder cert. org.	130 mg	*
Oat grass juice powder cert. org.	130 mg	*
Wheat grass juice powder cert. org.	130 mg	*
Kamut® grass juice powder cert. org.	90 mg	*
Concentrated Plant Nutrition		
Chlorella cracked cell powder	900 mg	*
Sunflower lecithin powder Non-GMO	500 mg	*
Beet root juice pdr. certified organic	200 mg	*
Moringa leaf powder	200 mg	*
Parsley leaf & stem powder cert. org.	200 mg	*
Zucchini (Cucurbita pepo) fruit powder	200 mg	*
Brussels sprouts powder	150 mg	*
Carrot juice powder certified organic	150 mg	*
Carrot root powder certified organic	150 mg	*
Green Cabbage powder	150 mg	*
Kale leaf powder	150 mg	*
Alfalfa sprouts powder certified organic	100 mg	*
Apricot fruit powder	100 mg	*
Ascophyllum nodosum seaweed	100 mg	*
powder certified organic		
Spinach leaf powder certified organic	100 mg	*

Broccoli sprouts pdr. certified organic	75 mg	*
Kale sprouts powder certified organic	50 mg	*
Turmeric root powder	50 mg	*
Super Fruits		
Goji berry juice powder certified organic	250 mg	*
Prune (Plum) powder	250 mg	*
Raspberry fruit powder certified organic	200 mg	*
Strawberry fruit powder	200 mg	*
Acai fruit juice powder certified organic	150 mg	*
Blackberry fruit powder certified organic	150 mg	*
Blueberry fruit powder certified organic	150 mg	*
Cranberry whole fruit powder cert. org.	150 mg	*
Papaya fruit juice powder	150 mg	*
Peach fruit powder	150 mg	*
Pear fruit powder	150 mg	*
Haematococcus pluvialis	267 mg	*
supplying 4mg Astaxanthin		
Tomato fruit powder	200 mg	*
Marigold flower 5% lutein ext. (7.5 mg ele.)	100 mg	*
Acai fruit 4:1 extract	75 mg	*
Curcuminoids 95% standardized extract	75 mg	*
Elderberry fruit 10:1 extract	75 mg	*
Acerola fruit juice 21% natural vit. c cert. org. std. ext.	50 mg	*
Amla fruit powder	50 mg	*
Pomegranate whole fruit 40% ellagic acid std. ext.	40 mg	*
Cranberry 30% organic acids std. extract	20 mg	*
Ginkgo biloba 24% ginkgolflavonglycosides	20 mg	*
6% terpene lactones std. extract		
Goji berry 40% polyphenols std. extract	20 mg	*
Grape seed 95% polyphenols 40% OPCs std. ext.	20 mg	*
Grape skin 30% polyphenols std. ext.	20 mg	*
Green tea 98% polyphenols 80% catechins	20 mg	*
50% EGCG standardized ext. decaf		
Bilberry fruit 4:1 extract	20 mg	*
Plum fruit skin 50% polyphenols std. extract	20 mg	*
Raspberry 20% ellagic acid std. extract	20 mg	*
Immune Support		
Astragalus 70% polysaccharides std. extract	90 mg	*
ResistAid® Larch arabinogalactans extract	30 mg	*
Beta 1,3-1,6 glucans 70% std. extract	30 mg	*
from Saccharomyces cerevisiae yeast		
Adaptogens		
Eleutherococcus senticosus root	100 mg	*
0.8% eleutherosides standardized extract		
Holy basil 2% ursolic acid std. extract	100 mg	*
Suma (Pfaffia paniculata) root powder	50 mg	*
Skeletal Support		
Calzbone® Cissus Quandrangularis extract	300 mg	*
Calcium fructoborate supplying 3mg Boron	112 mg	*
Vitashine® Lichen oil pdr.	10 mg	*
supplying 1000 i.u. Vitamin D3 Cholecalciferol		
Fiber		
Acacia gum fiber certified organic	530 mg	*
Apple fruit powder certified organic	400 mg	*
Fructo-oligosaccharides 86% oligofructose	400 mg	*
+inulin standardized extract		
Flaxseed pdr. de-oiled Non-GMO cert. organic	250 mg	*
Liver Support		
Burdock root extract 10:1	90 mg	*
Silamarina Milk Thistle extract	60 mg	*
Dandelion root 4:1 extract	50 mg	*
Vitamins & Minerals		
Orgen-Him® Multivitamin certified organic	250 mg	*
guava fruit, lemon peel, amla fruit, Sesbania leaves,		
holy basil aerial parts, annatto seeds		
Water dispersible d-alpha tocopheryl acetate	143 mg	*
supplying 100 i.u. Vitamin E		
Camu-camu fruit 20% natural vitamin C extract	100 mg	*
Orgen-Cm® Moringa oleifera 0.1% Chromium ext.	80 mg	*
certified organic		
Orgen-Si® Bamboo 75% Silica extract cert. org.	50 mg	*
Orgen-Zn® Guava 4% Zinc extract cert. org.	33 mg	*

Methylcobalamin 1% Vitamin B12 triturate	20 mg	*
Orgen-SE® Black mustard seed	10 mg	*
0.5% Selenium extract certified organic		
Enzymes & Tonics		
Alpha-galactosidase	100 mg	*
Enzymes	20 mg	*
Protease 4.5, (Aspergillus oryzae)	1000 HUT	*
Protease 6.0, (Aspergillus oryzae)	800 HUT	*
Lipase (Aspergillus niger)	600 FIP	*
Amylase (Aspergillus oryzae)	800 DU	*
Invertase (Saccharomyces cerevisiae)	150 SU	*
Cellulase (Trichoderma longbrachiatum)	1000 CU	*
Ginger root certified organic	15 mg	*
Cayenne pepper powder certified organic	2 mg	*
Probiotics (25B at Date of Manufacture from 12 strains)		
Lactobacillus acidophilus HA-122	2.5 billion	*
Lactobacillus rhamnosus HA-111	2.5 billion	*
Lactobacillus rhamnosus B HA-114	2.5 billion	*
Lactobacillus paracasei HA-108	2.5 billion	*
Lactobacillus plantarum HA-119	2.5 billion	*
Bifidobacterium breve HA-129	2.5 billion	*
Bifidobacterium longum HA-135	2.5 billion	*
Lactococcus lactis HA-136	2.5 billion	*
Propionibacterium shermanii HA-182	2.5 billion	*
Bifidobacterium bifidum HA-132	1.25 billion	*
Streptococcus thermophilus HA-110	0.75 billion	*
Lactobacillus helveticus HA-128	0.5 billion	*

Other Ingredients Natural vanilla flavor (1,300mg), Natural almond flavor (173 mg), Natural Mixed berry flavor Non-GMO (87mg), Vanifolia™ natural flavor (60mg). Contains: milk, soy. Trace amounts of milk and soy residues were detected as byproducts of the probiotic growth cycle.



Chocolate Chunk

Other Ingredients Sugar cane juice powder certified organic (5,000mg), Cocoa powder certified organic (2,5000mg), Natural Chocolate flavor (500mg), Natural mixed berry flavor Non-GMO (100mg), Lo Han Guo® 80% magroside standardized extract (85mg), Vanifolia™ natural flavor (60mg). Contains: milk, soy. Trace amounts of milk and soy residues were detected as byproducts of the probiotic growth cycle.



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MAXIMUM VIBRANCE®

Futurefood™ (noun) \ˈfyü-charˈfüd\ 1: An expectation of advancement or progressively developed materials consisting essentially of a meal's worth of plant protein, almost no fat, plus a significant dose of micronutrients. 2: Feeds the 70 trillion cells in the human body a broad and rich range of vitamins, minerals, polyphenols, and nutritional co-factors at levels that closely match the high requirements of the ancient, Paleolithic biochemistry that resides in us all.



Formulated by Mark Timon,
Founder, Vibrant Health
MS Clinical Nutrition

When Timon

► **Directions** As a dietary supplement, once each day mix two (2) scoops as a complete meal shake or mix one (1) level scoop as a light meal into 8 to 16 ounces of water or your favorite beverage. Stir briskly or shake briefly in a closed container until mixed.

► **Proper Care and Storage** Maximum Vibrance® contains more balanced probiotics than any other superfood. Store Maximum

Vibrance® in your freezer (best) or refrigerator (good) after opening. Keep out of reach of children.

Also available in packets and Chocolate Chunk flavor:



THE WORLD'S 1ST
Futurefood™



- + 100% of the RDI Vitamins & Minerals
- + 26 Antioxidants
- + 90 Plant Foods
- + 100+ Ingredients
- + 7 Servings of Fruits & Vegetables
- + 120mg of Calcium
- + 1,000 i.u. of Vitamin D3
- + 25 Billion Probiotics
- + 20 grams of Protein
- + 3 grams of Fiber
- + 7 Digestive Enzymes
- + 1 Meal Shake

Balanced, Colorful, Complete
All in One Multi-Supplement

†These statements have not been evaluated by the FDA.
This product is not intended to diagnose, treat, cure or prevent any disease.

Maximum Vibrance® delivers a high amount of protein, almost no fat, plus a Paleolithic dose of micronutrients. This means Maximum Vibrance® feeds the human body a broad range of vitamins, minerals, polyphenols, and bioactive food substances at levels that closely match the high requirements of our ancient biochemistry.

**It’s nearly everything you need to take.*
Certainly it is far more than:**

- ✔ A multi-vitamin,
- ✔ A green food,
- ✔ An antioxidant,
- ✔ A protein supplement,
- ✔ An immune support supplement,
- ✔ A probiotic supplement and is
- ✔ Faster than a fast food!

We are programmed to need more micronutrients than modern foods can supply. When we don't get enough micronutrients — and there are thousands — biological systems falter or may break down entirely. Immunity, growth, maturation, healing, cardiac health, skeletal health, and a broad number of body systems may begin to function poorly. Maximum Vibrance® prevents such a loss of vitality.

Maximum Vibrance® comes closer than any other dietary supplement to being the one product you may take in place of all other supplements. The

only missing nutrients are essential fats, particularly omega-3 fatty acids. Technology has not yet developed powdered forms of omega-3s or other fats stable enough for use in powdered supplements.

Maximum Vibrance = Maximum Nutrition This 100+ ingredient formula marries fully balanced vegetable protein to certified organic vitamins and minerals of plant origin, and then blends them into a mass of specially selected and certified organic plant foods that provide a complete array of nutrients necessary for optimal health.

Astaxanthin, lycopene, beta-carotene and a host of botanical extracts push the protective antioxidant power of Maximum Vibrance® to, well, maximum levels. The organic cereal grass juice powders, spirulina, ample chlorella, vegetables and fruits deliver broad nutrition and effective detoxification. Our classically powerful blend of 25 billion probiotics per serving from 12 strains of beneficial bacteria is here too, just as it is in Green Vibrance®.

Maximum Vibrance® is the most comprehensive nutritional multi-supplement you will find anywhere in the world. It’s more than a super food, it’s a Futurefood!

All Vegetable Protein

Protein sits at the heart of every energy-sustaining meal. Maximum Vibrance employs 20 grams of clean, balanced vegetable protein in each serving to fulfill that purpose. It contains amino acids in ratios that support all human needs ranging from support for muscle integrity to tiny enzyme and hormone synthesis. Version 4.0 combines silky yellow pea protein, sprouted rice protein and spirulina with a new algal protein from Chlorella protothecoides. The amino acids of this blend are so well matched to human requirements that utilization is high, helping support tissue repair and cognition. All this is achieved cleanly, with neither hormone nor antibiotic residue, nor cholesterol or saturated animal fats as are found in commercial meat proteins.

Certified Organic Vitamins & Minerals

Maximum Vibrance brings the supplemental dosage of important vitamins and minerals up to levels found in many tableted supplements by using new, certified organic materials derived entirely from plants. Until very recently, certified organic vitamins and minerals simply did not exist. The company that pioneered breakthrough technology to create the organic materials used in Maximum Vibrance is called Origenetics. The company improved botanical extraction technology to allow for high level concentration of natural forms of micronutrients, including vitamins and minerals. Vibrant Health uses several Origenetics materials to boost the overall nutritional value of Maximum Vibrance, rendering the use of a separate multiple vitamin superfluous.

Fruits & Vegetables

We didn’t pick our fruits and vegetables for Maximum Vibrance based on popularity. We selected the fruit and vegetable ingredients in Maximum Vibrance based on solid nutritional content. Charts were constructed showing the nutritional content of many available fruit and vegetable powders. Only the most nutrient dense among them were selected for consideration and then closely scrutinized.

Since no single food provides adequate, fully balanced nutrition, we looked carefully to see how the weaknesses of one plant could be married to the strengths of another. For example, a plant rich in B-vitamins but weak in beta-carotene, might be combined with others that are potent sources of beta-carotene and vitamin C.

In this way, Vibrant Health was able to assemble a complex nutritional puzzle that delivers a full array of micronutrients at meaningful potencies. And we are not just talking of vitamins and minerals. Flavonoids, flavanols, catechins and other polyphenols were considered, as were alkaloids, mixed carotenoids, and other valuable bioactive plant substances.

Full Plant Nutrition

Maximum Vibrance delivers 12.289 GRAMS of nutrient dense whole foods from plants, in addition to the 20 grams of plant protein! The collection of these plant foods alone delivers more powerful nutrition than any other green food in the marketplace.

When botanical extracts and fibers are added, Maximum Vibrance contains 81 antioxidant, bone-building, immune boosting, adaptogenic whole plant or plant-derived materials. Seven fungal enzymes and 12 probiotic bacteria bring the total number of ingredients in Maximum Vibrance up over 100. It contains that many ingredients because we believe that is what is truly needed in modern times to deliver the nutrients required to reach optimal health. For example. . .

The trace mineral ratios in human blood should closely approximate the ratios of trace minerals found in sea water and sea plants. Iodine, vanadium, cesium, molybdenum and other exotic elements are critically important to achieving, maintaining, sustaining or restoring optimal health. The best known source for this class of micronutrients is the sea, and the foods we can get from it. Chief among them, and those most suited to Maximum Vibrance, are sea vegetables. Maximum Vibrance employs rockweed (Ascophyllum nodosum) to bring the trace minerals needed to support essential enzyme and hormonal systems throughout the body.

Bones

Full plant nutrition noted above delivers about 200 mg of calcium whose deposition in bone is enhanced by 3 mg of elemental boron from patented calcium fructo-borate, the same highly effective boron used in Green Vibrance, Joint Vibrance, and Super Natural Boron. Cissus quadrangularis extract is also included to stimulate healthy bone synthesis by suppressing osteoclast activity and enhancing osteoblasts. (These bone cells continually tear down and build up bone tissue during the process of perpetual bone remodeling.)

Vitamin D3 Another key nutrient for bone health is Vitamin D3. Maximum Vibrance uses the only known vegetable source of true Vitamin D3, extracted from lichen oil, in order to keep the formula as vegan compatible as possible.

Fiber

3.4 grams of every 41.23 grams of MAX (Vanilla Bean) and 4 grams of every 47.77 grams of MAXC (Chocolate Chunk) are in the form of fiber. This is as it should be. Human anatomy and physiology adapted to a diet that provided around 150 grams of fiber per day from an intake of roughly 3.2 pounds of vegetable matter. That means our digestive tract expects to process a diet that is 10% fiber. MAX is 8.2% fiber and MAXC is 8.4% fiber, figures a bit lower by Paleolithic standards, but significantly higher by today’s standards where a mere 15 to 30 grams of fiber per day is considered healthy.

Fibers in Maximum Vibrance are both soluble and insoluble; contributed by nearly every plant derived ingredient in the formula. They will both help remove heavy metals, and move food along through the digestive tract. Some will also feed the 25 billion friendly probiotic bacteria added by each serving of Maximum Vibrance.

Antioxidants

Cellular respiration keeps you alive. But just as coal burning in a furnace leaves clinkers behind — coarse, sharp-edged, cutting, ragged glassy stones — so too does cellular respiration leave behind metabolic clinkers in the form of the superoxide radical, active oxygen, hydrogen peroxide and other oxidants. These clinkers can damage cells, hasten aging, stimulate inflammation and are seen in every known modern-day “disease of affluence.”

On top of our biologically produced oxidants, we now live in a world that feeds us new oxidants in the form of industrial air and water pollutants, and pro-oxidants in the form of fried vegetable oils, oxidized cholesterol from meats and cheeses, heavy metals from automobile tires and exotic chemicals from pharmaceuticals and industry (again!)

Some dietary antioxidants can directly disarm either oxidants or pro-oxidants. Others can strengthen tissues against their attack. Some enhance the activity of our own internal antioxidant enzymes, while still others can help repair cellular DNA damaged by oxidative damage.

But how much do we need? Some research shows that 300 mg of mixed antioxidants is all that is needed for maximum protection. Yet our Paleolithic biochemistry adapted to a much higher intake. Until the question of “how much is enough” is answered, Maximum Vibrance will follow the trail of millions of years of evolution, and give consumers plenty of antioxidants from a broad array of plant sources. In addition to Origenetics’ Orgen-HIM and Orgen Se, both of which play an antioxidant role, Maximum Vibrance delivers an additional 2 grams of plant materials selected for their high antioxidant content.

Stress

Persistent stress of today is something new to human existence. We are not well adapted to it. The frequent cascades of stress hormones suppress immunity (leaving us more prone to disease), hasten oxidation and aging, and trigger catabolic hormones that tear our bodies apart. Maximum Vibrance tries to preserve one’s vibrance by blunting the hormonal effects of stress with adaptogens and by supporting immunity with key immune support agents.

Enzymes

Maximum Vibrance is a power-packed meal in a scoop or two. We want the consumer to get the most out of it. Even though some natural plant enzymes survive the drying and powdering processes employed to make the various ingredients in Maximum Vibrance, not enough survive to be much help as a digestive aid. That is why Maximum Vibrance carries a powerful blend of enzymes assisted by the herbal tonics, ginger and cayenne pepper, to help stimulate natural digestive processes.

Probiotics

Probiotics are symbiotic organisms that take up residence outside the body, and help keep us healthy. They reside on the skin, on urogenital tissues and in the gastrointestinal tract from mouth to anus. Even in the gastrointestinal tract, however, the bacteria are still outside the body. Something swallowed, either friendly nutrient or dangerous poison, can only enter the body after crossing the mucosal linings of the gastrointestinal tract.

True health emanates from the gastrointestinal tract. It is there that food is dismantled, nutrients are released and absorbed, and that most pathogens are defeated before they can invade. To accomplish all these feats, robust colonies of probiotics must be in place in both the small and large intestine (the colon). Lactobacilli commonly inhabit the upper, or small intestine, while Bifidobacteria exist primarily in the large intestine, although some also inhabit the lower part of the small intestine.

Modern genetic typing of probiotic bacteria allows researchers to identify numerous strains of bacteria resident in the human GI tract. Each performs some tasks in common with the others as well as some unique tasks specific to itself. For example, Lactobacillus helveticus helps break down protein and sugars, but also has an enhanced ability to break down dietary cholesterol. Propionibacterium shermanii breaks down dairy proteins and sugars as do many probiotics, generating metabolites that help feed Lactobacillus helveticus and a few other strains. Eventually, P shermanii takes up residence in the large intestine (colon) where it may help guard against the bacteria, Clostridium difficile if necessary.

The same probiotic blend present in Green Vibrance is utilized in Maximum Vibrance. The blend is strong in both lactobacilli, that populate the small intestine, and in bifido bacteria that populate the colon. Together, and with the assistance of Propionibacterium shermanii, they reinforce immunity, and improve nutrient absorption.*

And how does it taste?

The best dietary supplement in the world, which we believe to be Maximum Vibrance, will do no one any good if it tastes awful, and turns away consumers. But you are in luck! We have included Vanifolia, a special extract of rice bran that blocks noxious flavors when used at minute levels. In MAX, it allows full enjoyment of our other new natural flavoring ingredients. MAX version 4.0 tastes great!

It turns any beverage into a full and most nutritious meal. And it does it economically! A full serving costs the consumer about \$5.50, less than a fast food meal . Even a far more expensive and elaborate gourmet meal will not deliver the nutritional benefit of one serving of Maximum Vibrance.

So look to Maximum Vibrance for a once-a-day meal shake, and feel your body sing its praises.

