

VIBRANT HEALTH®

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MULTIVITAMIN | FISH OIL
PROBIOTICS

Directions As a dietary supplement take contents of one packet daily with food. If you are pregnant, planning to become pregnant, breast feeding, taking any prescription medication, or have a medical condition, consult your physician or healthcare professional before taking this product. Do not exceed recommended dosage.

Proper Care and Storage Store Trilogy in a cool dry place. Keep out of reach of children.

Trilogy is available in

Women 30 Day Supply, Box of 30 packets

Men 30 Day Supply, Box of 30 Packets

TRIOLOGY MEN
TRIOLOGY WOMEN

Supplement Facts

Serv. Size 1 packet (2 capsules, 1 softgel) Serv. per container 30

Amount per serving	% Daily Value
Calories	10
Calories from fat	10
Total Fat	1 g 2%*
Polysaturated Fat	1 g
Vitamin A (from plant carotenoids)	300 i.u. 6%
Vitamin C (from plants)	30 mg 50%
Vitamin D3 (as cholecalciferol)	1000 i.u. 250%
Vitamin E (from plants)	30 i.u. 100%
Thiamin (Vitamin B1 from plants)	7.5 mg 500%
Riboflavin (Vitamin B2 from plants)	7.5 mg 441%
Niacin (Vitamin B3 from plants)	10.5 mg 53%
Pyrroxine (Vitamin B6 from plants)	15 mg 750%
Folate (Vitamin B9 from plants)	120 mcg 30%
Vitamin B12 (as methylcobalamin)	100 mcg 1667%
Biotin (from plants)	30 mcg 10%
Pantothenic acid (Vitamin B5 from plants)	18 mg 180%
Magnesium (from plants)	3 mg <1%
Zinc (from plants)	2.25 mg 15%
Selenium (from plants)	21 mcg 30%
Copper (from plants)	0.45 mg 23%
Manganese (from plants)	0.6 mcg 30%
Chromium (from plants)	36 mcg 30%
Potassium	5 mg <1%

100% Certified Organic Vitamins & Minerals

Orgen Her™ certified organic extracts 300 mg
from guava fruit, lemon peel, amla fruit, sesbania leaves, holy basil aerial parts, annatto seeds

Probiotic Blend (208 total CFU at date of manufacture from 12 Strains)

Lactobacillus acidophilus HA-122	2 Billion	**
Lactobacillus rhamnosus HA-111	2 Billion	**
Lactobacillus rhamnosus B HA-114	2 Billion	**
Lactobacillus paracasei HA-108	2 Billion	**
Lactobacillus plantarum HA-119	2 Billion	**
Bifidobacterium breve HA-129	2 Billion	**
Bifidobacterium longum HA-135	2 Billion	**
Lactococcus lactis HA-136	2 Billion	**
Propionibacterium shermanii HA-182	2 Billion	**
Bifidobacterium bifidum HA-132	1 Billion	**
Streptococcus thermophilus HA-110	0.6 Billion	**
Lactobacillus helveticus HA-128	0.4 Billion	**

Omega-3 Fish Oils

(Mercury Free, from Anchovies) 1000 mg *

EPA (Eicosapentaenoic acid, triglyceride form), 360mg

DHA (Docosahexaenoic acid, triglyceride form), 270mg

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily value not established.

Other Ingredients (Multi) hypromellose, microcrystalline cellulose, silica, medium chain triglycerides oil, ascorbyl palmitate, (Probiotics) potato starch, hydroxypropylmethyl-cellulose (veg. capsule), magnesium stearate, citric acid, Fish Oil gelatin, vegetable glycerine, natural lemon oil, sunflower oil, natural mixed tocopherols, purified water

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Vitamin B12 (as methylcobalamin)	100 mcg 1667%
Biotin (from plants)	30 mcg 10%
Pantothenic acid (Vitamin B5 from plants)	18 mg 180%
Iron (from plants)	5.4 mg 30%
Magnesium (from plants)	3 mg <1%
Zinc (from plants)	2.25 mg 15%
Selenium (from plants)	21 mcg 30%
Copper (from plants)	0.45 mg 23%
Manganese (from plants)	0.6 mcg 30%
Potassium	5 mg <1%

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Power Packs

NOW WITH VITAMIN D3 AND B12!



Supplementation
Simplified.

Features + Benefits

- For Men, For Women
- Organic plant-based multivitamin
- Mercury free fish oil with **vitamin b12** & **vitamin d3**
- 20 billion CFU probiotics from 12 strains.
- **Convenient** – grab your power pack and go!

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Trilogy simplifies supplementation by providing a 30-day supply of daily power packs. Each pack contains the top 3 supplements recommended by health practitioners: an organic plant-based multivitamin, mercury free fish oil, and 20 billion probiotics from 12 strains. Trilogy provides essential nutrients and energy and comes in two versions, men and women.

How do Trilogy Men and Trilogy Women differ?

The difference is in the organic multivitamin, which for men contains added chromium and women added iron. In your busy life, it can be nearly impossible to maintain a consistently nutritious and balanced diet. Give your body the nutrients it requires and deserves, in a highly absorbable plant-based multivitamin optimized just for you.

Trilogy Men

100% certified organic multivitamin made of annatto, guava, holy basil, lemon and amla water-based extract. It also contains chromium from Sesbania, which supports healthy blood sugar levels, heart health, and the production of lean muscle mass. Chromium is lost in sweat and not easily absorbed from food. This organic multivitamin supports overall health, active lifestyles, energy, and much more. Fuel your body with the nutrients it needs to thrive from a highly absorbable plant-based multivitamin optimized for men of all ages.

Trilogy Women

100% certified organic multivitamin made of annatto, guava, holy basil, lemon and amla water-based extract. Also includes organic iron from curry leaves, making it suitable and beneficial for women. Iron carries

oxygen to the muscles and brain and is crucial for both mental and physical performance. Low iron levels may result in a lack of focus and increased irritability. For adult women, this is also beneficial as blood is lost during monthly cycles. Healthy iron levels help ensure prominent energy to power through the day.

100% Mercury Free Fish Oil now with D3 + B12

From the purest waters in the world, our Icelandic fish oil provides high potency omega-3 oils with 360mg EPA and 270mg DHA in triglyceride form. The oil is sourced from anchovies and is molecularly distilled for purity and potency. Omega-3s help keep you at your best, by supporting many facets of health from your brain and heart, to your shiny hair, skin and nails!

Vitamin D3

Research over the past decade has reinforced the importance of Vitamin D in human nutrition. In the process, new roles in health maintenance related to immunity and chemoprevention have been added to the nutrient's widely known benefits for skeletal health, and, indirectly, for tissue integrity.



Vitamin B12

Vitamin B12 benefits the central nervous system in many important ways. In addition to helping maintain the health of nerve cells — including those needed for neurotransmitter signaling — B12 forms the protective covering of nerves, called the cell's myelin sheath. Accordingly, when vitamin B12 levels are low, almost every cognitive function can suffer.

20 Billion Probiotics from 12 Strains

Live, shelf stable probiotics. These specific strains are gastric resistant, bile tolerant, and help support the growth of beneficial bacteria. Good bacteria is essential for health because the more of it there is, the less bad bacteria remains. That means enhanced immune health. By assuring a healthy G.I. tract and proper digestion, your body is also prepped for absorption and utilization of nutrients from your diet and, of course, your power pack!

