

SPECTRUM VIBRANCE®

► **Directions** As a dietary supplement, once each day – or more often if you would like – mix one scoop (enclosed) of Spectrum Vibrance into 4 to 8 ounces of water or your favorite beverage. Stir briskly. Drink and prosper. Store in a cool, dry place. Keep out of reach of children.

Supplement Facts		
Serving Size 1 scoop (6.14 g)	Servings per container 30	
Amount per serving		% DV*
Calories	22	
Calories from fat	1	
Total Fat	0.11 gm	<1%
Total Carbohydrate	5.20 gm	1%
Dietary fiber	0.85 gm	3%
Sugars	1.62 gm	
Protein	0.34 gm	1%
Vitamin A (from plant carotenoids)	502 i.u.	10%
Vitamin C (from plants)	40.59 mg	68%
Calcium (from plants)	16.23 mg	2%
Magnesium (from plants)	4.20 mg	1%
Iron (from plants)	0.44 mg	3%
Zinc (from plants)	0.05 mg	<1%
Vitamin K (from plants)	10.2 mcg	13%
Chromium (from plants)	3.14 mcg	3%
Selenium (from plants)	0.57 mcg	1%
Vanadium (from plants)	1.77 mcg	**
Sodium	7.62 mg	<1%
Potassium	51.39 mg	2%
Goji berry juice	300 mg	**
Red Raspberry fruit, freeze dried (Kosher)	300 mg	**
Camu-camu fruit extract 4:1 (20% natural Vitamin C, Kosher)	200 mg	**
Cranberry whole fruit	200 mg	**
Strawberry fruit powder, freeze dried	200 mg	**
Tomato fruit powder	150 mg	**
Pomegranate seed & rind extract (40% Ellagic acid, Kosher)	50 mg	**
Cranberry extract (30% organic acids min)	20 mg	**
Goji berry extract (40% polysaccharides)	20 mg	**
Raspberry fruit extract (20% Ellagic acid)	20 mg	**
Lycopene (from 100 mg of 5% beads)	5 mg	**
Astaxanthin (from 267 mg Phaffia rhodozyma yeast)	4 mg	**
Apricot fruit powder	300 mg	**
Carrot juice powder (certified organic)	200 mg	**
Carrot root powder (certified organic)	200 mg	**
Papaya fruit juice powder	200 mg	**
Peach fruit, freeze dried (Kosher)	200 mg	**
Pear whole fruit powder	200 mg	**
Curcuminoids Turmeric root extract, 95%	100 mg	**
Turmeric, whole root powder	100 mg	**
Lutein (from Kosher marigold flower 5% ext)	10 mg	**
Brussels sprout powder	200 mg	**
Cabbage leaf powder (certified organic)	200 mg	**
Kale leaf & stem powder	200 mg	**
Moringa leaf powder	200 mg	**
Parsley leaf (certified organic)	200 mg	**
Broccoli sprouts (certified organic)	50 mg	**
Gynostemma pentaphyllum ext. 98% Gypenosides	30 mg	**
Plum whole fruit powder	300 mg	**
Blueberry whole fruit, freeze dried	220 mg	**
Acai juice powder (certified organic, Kosher)	200 mg	**
Blackberry fruit, freeze dried	200 mg	**
Acai fruit extract 4:1 (certified organic, Kosher)	100 mg	**
Elderberry fruit extract 10:1	100 mg	**
Phycocyanin (from certified organic spirulina)	60 mg	**
Plum fruit & skin extract (50% Polyphenols)	25 mg	**
Grape skin extract (30% Polyphenols)	20 mg	**
Wild Blueberry fruit extract (Bilberry 4:1)	20 mg	**
Natural Mixed berry flavor	281 mg	**

*Percent Daily Values are based on a 2,000 calorie diet
**Daily Value (DV) not established

FULL SPECTRUM Superfood



VERSION 3.0 Antioxidant Power Plants

- ✓ Red, yellow, green and blue fruits and vegetables
- ✓ 4.5 servings of fruits and vegetables
- ✓ 4mg of Astaxanthin
- ✓ 60mg of Phycocyanin



¹These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Spectrum Support

Spectrum Vibrance combines concentrated nutrition plus exceptionally high antioxidant values from a broad range of specially selected red, yellow, blue and green fruit and vegetable powders and extracts. This colorful spectrum of plants delivers a full spectrum of natural trace nutrients and antioxidants that can power up the nutritional value of any smoothie,

protein drink, juice or other liquid nutritional supplement. And if you blend a drink of Green Vibrance, with a dash of Field of Greens and a scoop of Spectrum Vibrance, you'll get just about every micronutrient Mother Nature has in her storehouse, even Vitamin D. That's what makes Spectrum Vibrance a "full spectrum superfood."

Features and Benefits

- ✓ Full Spectrum Superfood
- ✓ Packed with 4mg Astaxanthin
- ✓ 4.5 Servings of Fruits & Vegetables
- ✓ Loaded with 60mg Phycocyanin
- ✓ Protects Cellular DNA[†]
- ✓ Supports Healthy Immune Function[†]
- ✓ And so much more!

We Do Not Live in a Monochromatic World

In the realm of nutritional supplementation, red drinks are not enough. Blueberry, blackberry, grape, plum, peach and apricot measure up well against the famous red fruits cranberry, raspberry, cherry and camu camu. But good health does not revolve solely around the strength of antioxidants in the diet. Soluble and insoluble fibers, indoles, sulforaphane, flavanols, flavonoids, and complex polysaccharides and carotenoids all play a part.

What Food Used to Bring Us

Our intake of phytonutrients and fibers from plant foods exceeded today's dietary levels by 10 fold from Paleolithic times through the dawning of the industrial revolution. Today, as we strive to achieve personal goals, or to simply earn enough money to support a family, attention to diet

is too often unfocused. Our lifestyles frequently lead to nutrient deprivation. In simple terms, we often do not get enough of the trace nutrition needed to support optimum health. This concept forms the foundation of the entire dietary supplement industry. Spectrum Vibrance, especially in combination with Green Vibrance and/or Field of Greens, is meant to assure, insure, and ensure nearly full micro-nutrition.

Spectrum Vibrance

In the search for what keeps us healthy, science has uncovered legions of new substances in plants. No longer is our understanding of nutrients limited to just vitamins, minerals, protein, fat and carbohydrate. We now know:

- Phycocyanin, the blue pigment of Spirulina, is a highly soluble, extremely potent antioxidant with benefit to joints, heart health and longevity[†]
- That the bright pigments of fruits and vegetables are actually polyphenols, an extensive class of plant substances with a broad range of beneficial effects on biochemistry that reach beyond their prowess as antioxidants[†]
- That fibers in plants can help remove heavy metals and other toxins, help control blood sugar, and help regulate hormonal levels and blood fats[†]
- That arabinogalactans and oligosaccharides can feed beneficial intestinal bacteria[†]
- That sulfated polysaccharides and certain alkaloids can strengthen immune response[†]
- That natural medicines are hidden in the flora around us[†]

Fruits, vegetables, twigs, roots and leaves have so much to offer us. Spectrum Vibrance concentrates the nutrition of approximately two-thirds of a pound of fruits and vegetables in each small scoop of 6.14 grams. Surprise every cell of your body by giving them the colorful array of nutrients they can use to keep your health and immunity operating at peak efficiency.

Visit www.vibranthealth.com/recipes for recipe tips!

